

CT Caregiver Chronicles

www.ctcaregiver.net

Fall/Winter 2015



Holiday time should be a festive time for our seniors, here at *CT Caregivers* and *Danbury Nurses Registry* we thought of some wonderful things you could do with your clients! Besides day trips to NYC for Rockefeller center, store window displays, and to catch a show at Radio City Music Hall there are many local things that will lift their spirits and ring in the holidays. **Some things to do at home; make ornaments, decorate a tree or wreath, make cookies, bake holiday breads, roast chestnuts, or make a traditional family recipe, help them send Christmas cards, hang stockings, create a family photo album with them to show their family or create an oral history to pass on to their family, sing or play carols, plant an amaryllis. Watch holiday movies** (i.e. It's a Wonderful Life, a Christmas Story, Miracle on 34th St, White Christmas, Home Alone, Elf), go out to the movies at AMC or Bethel Cinema. I am sure there will be current holiday movies showing at these theaters. Churches hold bazaars, concerts and holiday masses. **Visit local tree lighting, view the Festival of Trees event at Ann's Place (annsplace.org)**, walk at the Danbury Fair Mall to see the decorations, or help them holiday shop. Local area senior centers hold many different events for seniors (Danbury, Bethel, New Fairfield, & Brookfield centers), such as craft fairs, movies, seminars, holiday parties, day trips. **The Danbury Museum & Historical**

Society (danburymuseum.org) hosts a holiday shop and crafts fair, an annual holiday tea event, as well as seminars geared towards seniors. Check out your local libraries (Danbury, Bethel & Brookfield) to see what they are doing for the holidays. **Palace theatre on Main St** is hosting multiple holiday events, including a *tribute to Frank Sinatra*. **Knights of Columbus in New Haven** hold a crèche exhibition that will feature 76 Nativity scenes from the central European nations. Redding also has a live nativity every year. **Danbury High School presents "The Nutcracker"** yearly; it has become a Danbury tradition. Last, but certainly not least you could fill a thermos with hot chocolate, pile in the car and drive around town checking out all the homes with lights and decorations! **Please remember that the holiday time is prime time for scammers that would easily prey on unsuspecting seniors, be aware of what comes in through the mail and who is calling. We of course want them to have privacy, but we want to keep them safe too.**



Happy Thanks giving

From the Staff at Danbury Nurses

Registry

Donna, Lois & Kristie

Our office will be closing **Wednesday November 25th at 1 PM** and will be closed **Thursday and Friday November 26th and 27th** for the Thanksgiving Holiday. We will be open again **Monday November 30th, 2015.**

PLEASE REMEMBER HOLIDAYS/WEEKEND ON CALL IS RESERVED FOR EMERGENCIES ONLY! All other calls please wait for normal business hours. Thank you.



- Cell phone use should be limited to emergencies **ONLY, this includes texting.** When you are on a case the **client is your main focus at all times.**
- **Time sheets are due MONDAYS no exceptions.** It helps payroll run more effectively
- Clients have commented that the caregivers make them feel uncomfortable when they discuss their personal business or religious views with them. **Please keep in mind that your financial situation/religious views are YOUR personal business.**
- Office hours are from 9AM to 4:30PM Monday through Friday.

- It is important to get to your shift **ON TIME**.
- We need at least **5 days notice** before you call out of a shift to find coverage, and **two weeks notice** for **Holidays**. **PLEASE be advised the week before the holiday we will no longer be ACCEPTING ANY TIME REQUEST OFF**
- Please **DO NOT** use the client's home phone to make personal calls.
- Clients appreciate when caregivers wear proper attire. **Please make sure you are wearing your scrubs for hourly cases and proper attire on live in cases.**
- With the winter fast approaching please make sure that you have **snow tires** on your car **or suitable transportation** to get you to your cases.

Happy Holidays!



Holidays across the World

Countries all over the world this year will be celebrating the holidays together in spirit. Most of us think of caroling, brightly decorated trees, and a jolly fellow slipping down the chimney at night, but other parts of the world have their own rich traditions and celebrations.

Christmas in France

In France Christmas is called Noel. Though there are similarities to

Christmas in America, there are some key differences. Santa Claus is Pere Noel translates to Father of Christmas. Children leave their shoes by the fire place instead of stockings. In the morning children often find fruit, nuts and small toys by the Nativity set that graces every home.

Ta Chiu in Hong Kong

Those in Hong Kong pray to ghosts and gods of their ancestry, making wishes for the year to come. Priests read aloud the names of all the living at the celebration and attach a list of the names to a paper horse and set it on fire. The smoke carries the names up to the Gods and the living will be remembered.

Polish Poppy seed Cake

Cake:

- 4 eggs
- ½ cup sugar
- ½ hazelnuts, finely chopped
- ½ cup candied orange peels, chopped
- ½ cup cranberries, chopped
- ½ cup dried apricots, chopped
- 1/3 cup flour
- ½ cup poppy seeds

Icing:

- Corn syrup
- Chocolate Chips

Preheat oven to 375° F and butter a bundt

cake pan.

Beat eggs with and electric mixer until fluffy

(about 5 min). Add sugar,

nuts, and fruit,

then flour and poppy seeds.

Pour into cake pan.

Bake for 45 minutes or until fork inserted

Into the center of the cake comes out clean.

4. Allow cake to cool completely before icing.

New Years in Ecuador

In this South American country, a family will dress up a man made of straw representing the old year. Families make a will for the straw man that lists all their short comings in the past year. At midnight they burn the straw man along with all their past year's sins.

You see, there are many holidays around the world that differ from

our own, they are still cherished and celebrated with enthusiasm and love. So please be tolerant and respectful of others traditions this holiday season. Remember the holidays are not about what symbol sits in your living room or who may be coming to visit with gifts but, the time we share with friends, family and love ones.



Trivia Question

In the movie Miracle on 34th Street what object did Kris leave in the house, to make Susan believe he was the real Santa Claus?

Call the office at (203) 790-8070 with the correct answer and **enter to win a \$25.00 gift card**. Only ONE answer per caregiver. **One winner will be picked on Monday December 28th 2015.**

In observance of

Christmas and New Years

Our offices will close Thursday
December 24th at 1p.m and will
reopen Monday December 28th at
9AM

We will also be closed Thursday
December 31st, 2015 at 12 noon
and will reopen Monday January
4th, 2016 at 9 AM



*The entire
staff wishes
you and your
family a very
happy and
joyous holiday
season!*

From the staff at CT Caregiver
Kevin, Brenda & Tanya